

# CAMPER & CIT COMMUNITY LIVING CODE OF CONDUCT Camp Ouareau 2024



## D.A.R.E. PROGRAM

Camp Ouareau's mission is to create a multilingual positive community where campers, CITs, and staff can not only be themselves, but thrive as themselves. During their time at camp, campers, CITs, and staff are expected to follow the DARE program, which is a navigational tool designed to help guide their interactions with one another and camp, empowering them instead of micromanaging them.

With the help of their counsellors, campers learn to use the following four questions when making decisions:

### **“Is this action accepting the DIVERSITY of others?”**

It means accepting people that are different from you and behaviours that are different from yours. Diversity is what makes life interesting.

### **“Is this action conserving Ouareau's environmental ATMOSPHERE?”**

It means disturbing nature as little as possible so that it can be there for others to enjoy. It also means being careful when using camp equipment and its site.

### **“Does this action RESPECT the emotional and physical well-being of myself and others?”**

This means not putting anyone, including yourself, in a situation that could cause physical or emotional harm.

### **“Is this action promoting positive self-ESTEEM?”**

Rather than just respecting people, it's about contributing to making people feel even better about themselves.

DARE is an example of performance regulation rather than categorical regulation.

Performance regulation is about giving guidelines on performance objectives instead of giving a specific behavior or a prescribed way to do things that people have to respect. It allows our campers to develop their critical thinking, judgement and independence and gives staff the chance to take initiative and be creative in their day-to-day job. Since the implementation of the DARE program, we have found that campers contribute to creating a physically and emotionally safe camp environment and learn to better trust their own judgement.





## UNACCEPTABLE BEHAVIOUR AT CAMP

There are however some behaviours that are unacceptable at camp as they hinder our ability to maintain a positive community and ensure a safe environment for all campers and CITs. These behaviours will be addressed according to the following guidelines.

**Any camper or CIT that breaks any of the following rules will be sent home immediately. There will be NO refund or credit on camp fees if the camper or CIT is sent home for the following reasons:**

- Use and/or possession of any of the following: alcohol, cigarettes, vapes, cannabis and/or other illicit drugs.
- Use and/or possession of weapons or any implement that our staff deem dangerous or potentially dangerous.

**Any camper or CIT that breaks any of the following rules MAY be sent home at the discretion of the Camp Director, based on the seriousness and context of the offence. There will be NO refund or credit of camp fees if the camper or CIT is sent home for the following reasons:**

- Bullying, harassment, swearing, physical or emotional acts of aggression, and any other form of disrespect that is harmful to others.
- Stealing or borrowing without consent other people's possessions or items belonging to Camp Ouareau.
- Vandalising or deliberate destruction of camp property, equipment and/or natural environment. This includes any damage to cabins, tents, window screens, doors, washrooms, dining hall, any other buildings, signs, activity and program equipment. The parent or guardian may be held responsible for the cost of repair or replacement, including labour costs.
- Being at the beach, in or on the water without a counsellor present at any time.
- Going outside of the camp's boundaries, which are explained during the camp tour on the first day. A camper may only leave the camp's boundaries with a counsellor and for a sanctioned activity, including but not limited to: hiking trips, canoe trips, excursions on the lake, etc.
- Going into a cabin or tent that is not their own (including CIT cabins or tents and staff cabins), with the exception of their co-group cabin or tent when a counsellor is present.
- Going out of their own cabin or tent after taps until rising bell, unless going to the washroom, or to the Leadership Team cabin if there is an emergency, or accompanied by a counsellor.

## **CAMPERS REQUIRING INDIVIDUALIZED SUPPORT**

Camp Ouareau is dedicated to providing a safe and nurturing environment for each camper and their individual needs during their time at camp. Our focus is allowing campers to explore their independence while providing them the necessary support to develop these skills. When a camper struggles with adapting to camp life, contacting the parents/guardians is always our first step in order to problem-solve together and help the camper have a positive experience at camp. However, in order to maintain a fair and inclusive environment for all campers, we are unable to offer customised programming on an individual basis. If a camper is consistently unable to participate in our everyday camp routine, we may not be able to accommodate them.

**QUESTIONS OR INFORMATION ABOUT YOUR CAMPER YOU'D LIKE TO SHARE?**

**REACH US BY EMAIL AT [INFO@OUAREAU.COM](mailto:INFO@OUAREAU.COM) OR BY PHONE AT (819)-424-2662.**

