



# Packing list

## Clothing

- 14 pairs of underwear & bras
- 14 pairs of socks
- 3 pairs of warm socks
- 10 t-shirts (if possible, 1 red and 1 blue)
- 2 long-sleeved shirts
- 2 warm sweaters (with hood if possible!)
- 4 pairs of shorts
- 5 pairs of pants (including 1 pair of sweatpants)
- 2 pairs of warm pyjamas
- 2 bathing suits
- 1 pair running shoes (not converse)
- 1 pair shoes
- 1 waterproof raincoat with a hood (not a poncho!)
- 1 pair water-shoes (to be used in shower as well)

## Compulsory uniform

- 1 pair of shorts (white, forest green or beige)
- 1 plain white t-shirt (or with small logo)
- 1 pair black pants/skirt

## Bedding & linens

\*Feel free to bring extra covers! The important thing is to be comfortable while you sleep!\*

- 1 pillow & pillow-case
- 1 sleeping bag
- 1 warm blanket
- 1 fitted sheet
- 3 large towels

## Other compulsory items

- Lifejacket (approved by the Canadian coast guard or equivalent & well fitted to your daughter)
- Rain boots or waterproof shoes
- 2 hats or bandannas
- Reusable water-bottle (campers are required to carry one all the time!)
- Flashlight and batteries (headlamps are great!)
- Toothbrush
- Toothpaste
- Biodegradable soap
- Biodegradable shampoo
- Insect repellent (not aerosol)
- Sunscreen (not aerosol)

## Suggested extras

- Backpack
- Tennis racket
- Sunglasses
- Musical instrument
- Costumes for programs
- Stuffed animal
- Books
- Inexpensive throw rug (for bedside)
- Rain pants
- Wet suit or wet top

## Do not bring

Aerosol cans of any sort (sunscreen, insect repellent, etc.), electronics, food or cigarettes.

## Notes

- All items must be labeled or marked.
- All footwear must have backs.
- No trunk or luggage over 14" as they must fit under the camp beds! Try and find plastic bins with a lid and handles (approx. \$25). A great resource for trunks is EverythingSummerCamp or Bunkline.

